

HIV-Positive Adults in Care in Delaware, Medical Monitoring Project, 2009-2014

The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, MMP interviewed 1,279 HIV-positive adults receiving care in Delaware. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this factsheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of HIV-Positive Adults in Care in Delaware, 2009-2014

- 64% were male and 35% were female
- 29% were men who have sex with men*
- 66% were black/African-American, 4% were Hispanic or Latino, and 26% were white
- 19% had been diagnosed with HIV less than 5 years at the time of their interview
- 21% had private insurance, 75% had public insurance only, and 3% had Ryan White coverage only
- 54% had a household income at or below the poverty line
- 8% experienced homelessness

*Estimate is for 2009-2013 only

HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Delaware, Medical Monitoring Project, 2009-2014*

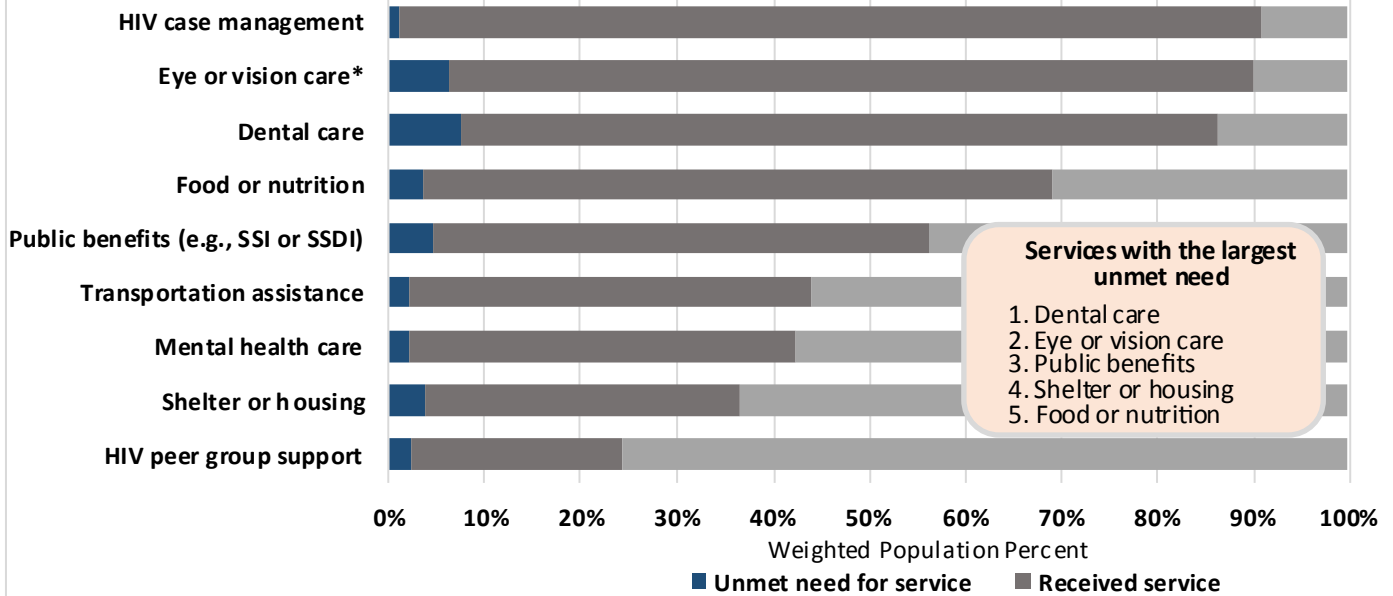
Characteristic	Prescription of ART ^{1,2} (%)	ART Dose Adherence ^{3,4} (%)	Sustained Viral Suppression ^{2,5} (%)	Receipt of Condoms ^{3,6} (%)	HIV Prevention Counseling ^{3,7} (%)
Total	96	92	65	72	68
Age					
18-29 years	95	89	55	80	80
30-39 years	96	91	58	71	71
40-49 years	97	92	60	72	67
≥50 years	96	93	71	70	66
Gender					
Male	97	94	66	71	67
Female	95	89	62	72	70
Race/Ethnicity					
Black/African-American	96	92	61	75	73
Hispanic/Latino	94	91	61	82	54
White	98	93	74	60	61
Insurance					
Any Private Insurance	97	94	74	60	64
Public Insurance Only	96	91	62	75	70
Ryan White Coverage Only	97	92	67	75	62
Sexual Behavior⁸					
MSM ⁹	98	93	68	66	63
MSW ¹⁰	96	92	62	75	68
WSM ¹¹	95	88	59	71	69

*All data are from the past 12 months unless specified otherwise; ¹Antiretroviral therapy; ²As documented in the medical record; ³Self-reported; ⁴Past three days;

⁵All viral loads in past 12 months undetectable or <200 copies/ml; ⁶Received free condoms, not counting those given by a friend, relative, or sex partner;

⁷Given by a healthcare provider; ⁸Estimates are for 2009-2013 only; ⁹Men who have sex with men; ¹⁰Men who have sex with women only; ¹¹Women who have sex with men

Met and Unmet Needs for Services among HIV-Positive Adults in Care in Delaware, Medical Monitoring Project, 2009 – 2014



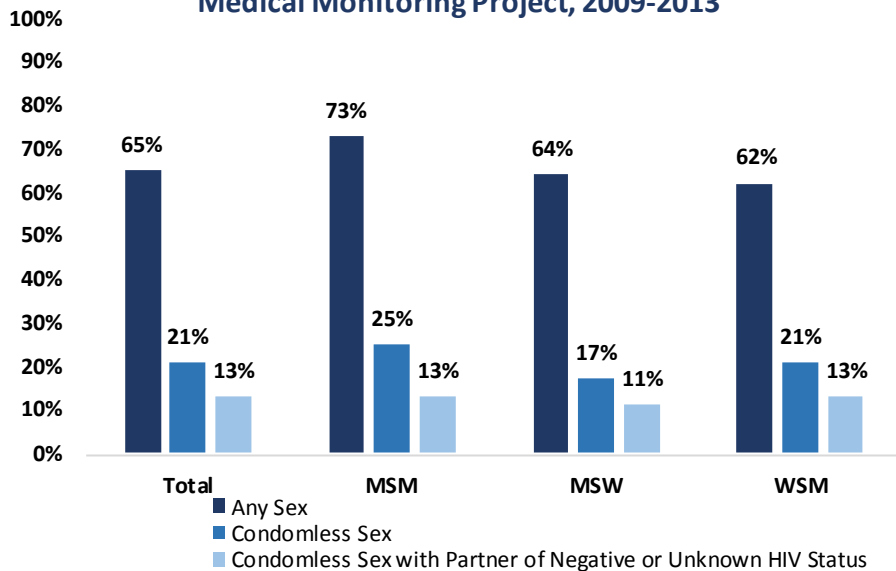
Services with the largest unmet need

1. Dental care
2. Eye or vision care
3. Public benefits
4. Shelter or housing
5. Food or nutrition

*Eye or vision care data only available in 2013 and 2014
Abbreviations: SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

Behavioral and Clinical Characteristics

Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Delaware, Medical Monitoring Project, 2009-2013



MSM, Men who have sex with men; MSW, Men who have sex with women only; WSM, Women who have sex with men

Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner = engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf

Substance Use¹

- 49% were current smokers
- 19% engaged in binge drinking²
- 1% used injection drugs³

¹Self-reported

²Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

³Past 12 months

STD Testing Among Sexually Active Persons in the Past 12 Months

- 87% were tested for syphilis
- 53% were tested for gonorrhea
- 54% were tested for chlamydia

Influenza Vaccination in the Past 12 Months

- 89% received an influenza vaccine

Questions? Contact us:

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DELAWARE HEALTH AND SOCIAL SERVICES
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<http://www.cdc.gov/hiv/statistics/systems/mmp/>

<http://www.dhss.delaware.gov/dph/dpc/hivsurveillanceoverview.html>

